

Two winners The Dutch Beer Institute research grant

The grant from The Dutch Beer Institute for the best research proposal on moderate beer consumption and health has two winners this time. Dr Mathias Benedek from Austria and dr ir Trudy Voortman from the Netherlands both won 5,000 euros to carry out their research into responsible consumption of beer in a healthy lifestyle.

High quality

The scientific board members of The Dutch Beer Institute ([prof Frans Kok](#), [prof Arne Astrup](#) and [prof Bob Fennis](#)) are impressed by the submissions. They find both winning research proposals of such high quality that they both deserve the grant.

Creative cognition

Benedek's research bears the title 'Dose-effects of alcohol on creative cognition'. It is a follow-up to previous research ([Benedek et al., 2017](#)) in which 120 participants are tested for creative cognition after drinking different amounts of beer or alcohol-free beer.

Gut microbiome

The proposal of Voortman is entitled 'Alcoholic beverage intake and microbiome composition'. The study uses an existing cohort, the Rotterdam study. Voortman will investigate in 1,500 subjects whether moderate consumption of different alcoholic drinks has an effect on the composition of the intestinal flora.

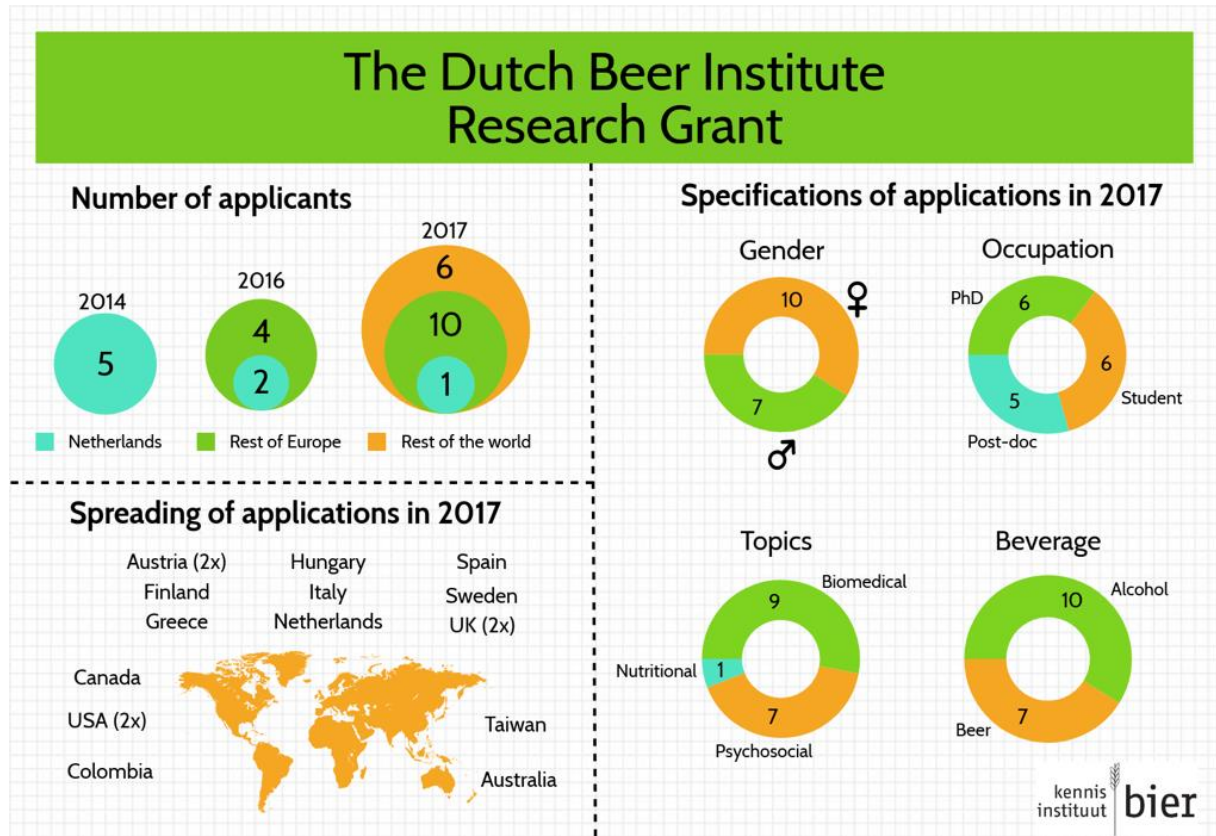
Worldwide

This is the third time that the grant from The Dutch Beer Institute is awarded, but the first time that there have been applications from around the world. And the first time there are two winners. In total, there were 17 submissions of which 11 from Europe. In the second half of 2018, The Dutch Beer Institute will offer another grant of 5,000 euros for research on moderate alcohol/beer consumption in a healthy lifestyle.

Winners 2017

[Dose-effects of alcohol on creative cognition, dr Mathias Benedek, Karl-Franzens-Universität Graz](#)

[Alcoholic beverage intake and gut microbiome composition, dr ir Trudy Voortman, Erasmus University Medical Center Rotterdam](#)



The Dutch Beer Institute (Kennisinstituut Bier) is the scientific institute in the field of responsible beer consumption in relation to health. Kennisinstituut Bier conducts research into the biomedical, psychosocial and nutritional aspects of responsible beer consumption. In addition, Kennisinstituut Bier translates scientific knowledge into practical information tools for professionals in particular.



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